

Mental Health and Disability
Services (MHDS) Region
Overview

May 7, 2019

The County Based System

- The County system was established in 1996
- County property taxes fund Mental Health and Disability Services
- This system provides funding for services that are not covered by Medicaid
- Legislation required the creation of a Stakeholder Committee

Stakeholder Committee

Purpose:

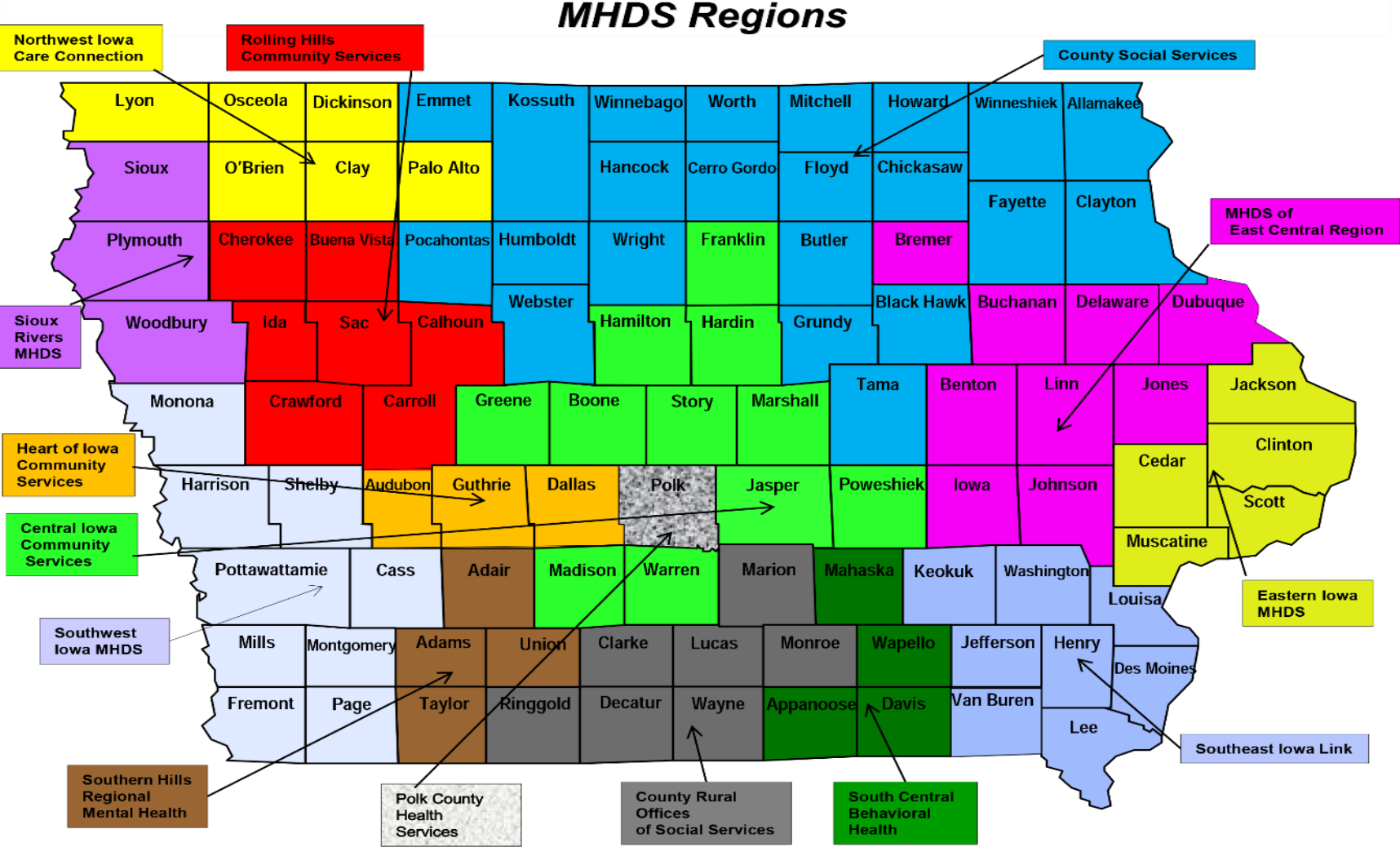
“To provide technical assistance and develop a strategic plan, review progress, and identify current needs. The group will also identify and recommend any amendments to the plan throughout the year. “

See Attachment 01 for more details.

Senate File 2315 & Regionalization

- Legislation was passed in 2012
- MHDS Regions started on July 1, 2014
- Core services established
- Continuation of County Property Tax funding for non-Medicaid services

MHDS Regions



East Central MHDS Region

Dubuque County entered into a 28E agreement with following counties:

- Benton
- Bremer
- Buchanan
- Delaware
- Iowa
- Johnson
- Jones
- Linn

See Attachment 02 for more details.

Structure of the East Central MHDS Region

Governance Board

- One Supervisor from each member county in the Region or their designees
 - Assigned the planning, development, and funding of the Regional MHDS system
 - Shall serve indefinitely at the pleasure of the member county
 - Voting members
- At least one individual who utilizes mental health and disability services or an actively involved relative of such an individual.
 - Ex-officio, non-voting
 - Shall be appointed by the Advisory Committee
 - Shall serve an initial term of one year, with appointments thereafter of two year terms
- At least one individual representing service providers in the Region
 - Ex-officio, non-voting
 - Shall be appointed by the Advisory Committee
 - Shall serve an initial term of one year, with appointments thereafter of two year terms

Structure of the East Central MHDS Region

Advisory Committee

- Number, composition, and appointments shall be made by the Governing Board and members shall serve indefinitely at the pleasure of the Governing Board
 - Individuals (consumers) who utilize services or actively involved relatives of such individuals (consumers), service providers, and Regional Governing Board members
 - Each county is represented by one provider and one consumer/family member with lived experience
 - At large members when there are vacancies from that area
- Application process – link on the ECR website or email Diane Brecht: dbrecht@abbehealth.org
- Roles and responsibilities:
 - Assists and monitors the plan, goals, and objectives identified in the service system
 - Provide input to the Board on different agenda items, gaps in services, the impact on consumers with lived experience and/or the impact on providers
 - Serves as a public forum for other MHDS issues
- A member from the Governing Board shall be designated to act as liaison to the Advisory Committee

See Attachment 03 for more details.

Structure of the East Central MHDS Region

Adult & Family Peer Support Committee

- No formal membership or by-laws

Mission:

“To support holistic recovery and promote mental wellness by educating stakeholders and expanding the use of Adult and Family Peer Support.”

Meeting schedule

Typically the 4th Thursday of every other month

Located at the Jean Oxley Public Services Building, 935 Second St. SW,
Cedar Rapids

Adult & Family Peer Support Committee meets from 9:30 – 11:00 am

Advisory Committee meets from 11:30 am – 1:00 pm

Governing Board meets from 1:30 pm- 3:30 pm

Structure of the East Central MHDS Region

Chief Executive Officer

- Appointed by the Governing Board
- Shall serve at the pleasure of the Governing Board
- Single point of accountability for the Region
- Responsible for entering into performance based contracts with the Department of Human Services
- Shall report to the Governing Board and will serve as the contact person for all requests for information or other inquiries from the Department of Human Services or the State of Iowa regarding the provision of services, quality of services, and expenditure of Regional funds
- Mechelle Dhondt, (Linn County). Retiring this fall
- Shall remain an employee of individual county but reimbursed from Regional funds

Structure of the East Central MHDS Region

Administrative Entity

- Governing Board shall appoint Coordinators of Disability Services with one Coordinator per county
- Governing Board shall provide support staff
- Shall remain an employee of individual county but reimbursed from Regional funds

County Yearly Budget and Finance Timeline

- October 31: Receive budget worksheet packet from budget director (county). Includes next fiscal year budgeting and re-estimates to current fiscal year
- December 1-20: Meet with budget director (county) about budget worksheet packet
- January 19-24: Work sessions on budget worksheet packet with County Board of Supervisors
- January 26-31: County Board of Supervisors budget work session to determine MHDD levy
- February 24: County Board of Supervisors approve Notice of Public Hearing for March 11
- March 9: County Board of Supervisors approve next fiscal year budget

Regional Yearly Budget and Finance Timeline

- October 31: Service Budget Draft #1 Due
- November RGB: Present Service Budget Draft #2 to Board
- December 1:
 - Certify to the Department of Management the amount of the Region's cash flow
 - Submit Region's Annual Report to the Department of Human Services
- December 15: County Administrative Budgets due to Finance Coordinator (Regional)
- January RGB: Discussion of complete Budget Draft #2 with Board
- February – March: Draft final Budget
- March 15:
 - Review county budgets and compare with Dept of Management submissions
 - Final Budget review
- March RGB:
 - Final Budget review
 - Approval of Region's Annual Service and Budget Plan
- April 1: Region's Annual Service and Budget Plan due to DHS. Shall include budget and financing provisions for the next fiscal year¹⁴

Recent Legislation

- SF 2456 Complex Needs Services
- SF 504 Mental Health Funding
- HF 691 Spend Down Changes

Proposals for SF 504 Fund Balance Projects

- 1) Mobile counseling 30 day follow up (using juvenile model)
- 2) Stronger process to find appointments and ensure that appointments happen
- 3) Transportation
- 4) Expand availability and utilization of peer support
- 5) Increase public policy advocacy
- 6) Crisis Intervention Team (CIT) Training

See Attachment 04 for more details on completion and progress on projects.

Greater involvement with the MHDS Region

- Requesting agenda items on the Governance Board. ***See Attachment 05 for more details.***
- Collaboration with the Advisory Committee.
- Become a member of the Dubuque County Stakeholders Committee, for more information contact Jody Jody.Jansen@dubuquecounty.us or Jessalyn Jessalyn.weber@dubuquecounty.us .

Questions?