












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FEBRUARY 2019 LIFE ENRICHMENT ACTIVITIES						
<p><i>*Please see L.E. for shopping needs—Hy-Vee delivers Tues. afternoons—Orders must be in by noon on Monday. L.E. can pick up misc. items for residents on Wal-Mart outings. Newspapers & magazines available in the Coffee Nook; please read them and leave them in Coffee Nook. Available for resident checkout: movies, books, games, music, VCR/DVD Player and TVs. See L.E. for checkout. Available for resident use in the Family Parlor: Computer, TV, VCR/DVD player, Clavinova. There are therapeutic volunteer tasks available; See L.E. if interested. Computers available for resident use in villagea, Family Parlor and Activities Room. The library's book-mobile comes once monthly leaving books in Activity Room. You are welcome to check out items. Activities subject to change. If you would like to do something at any time, please see your village staff or Life Enrichment staff. Beauty Shop is open on Friday afternoons. An announcement is made overhead when Beauty Shop opens.</i></p>					<p>1 9:15 Bus Ride 11:15 Lunchtime Music DR 1:15 Make Feb. Slime FP 3:00 Ernie & Harold Music with Wolfie Bunny Visit DR</p>	<p>2 ROOM KEY: AR=Activities Room; DW=Deerwood; DR=Dining Room; ER=Eagle Ridge; FP=Family Parlor; AV=comes to all villages; CN=Coffee Nook</p>
<p>3 9:00 Dubuque Community Church Outing 1:00 Shaving Cream Hearts FP 3:00 Movement to Music DW 5:30 Super Bowl Kick-Off on CBS 7:00 Current Events in Sunrise</p>	<p>4 Happy Birthday, Terry P! 8:30 Aromatherapy Diffusers & Massage Cart AV 10:30 Pizza Ranch Outing 2:30 Category Ball DR 4:00 Make Sensory Boxes AR 3:30 Bible Study FP 6:30 Divine Word Visit FP</p>	<p>5 9:00 Sensory Time AR 10:15 Heart Stamping AR 1:30 Rosary FP 2:00 Word & Communion Service FP 3:15 Move Those Joints FP</p>	<p>6 9:15 Independent Wal-Mart Outing 11:15 Lunchtime Music DR 10:00 Mike Klein Band DR 1:00 Make Popcorn AR 1:30 SCM Cinema FP 1:45 Heart to Hearts AV 6:30 Prinetime FP</p>	<p>7 Happy Birthday, Kathryn S & Martin S! 9:00 Uno/Games CN 10:00 Winter Animals Presentation by DBQ Co. Conservation FP 12:45 Wal-Mart Outing 1:15-2:15 Sweets & Treats Cart AV 3:15 Make Heart Rolls AR</p>	<p>8 9:15 Bus Ride 10:00 NuSteppin' & Walkin'-Start in AR. 1:15 Slotzball DW 2:30 Social Hour DR 6:30 Wii with Erin DW</p>	<p>9 9:00 Baking: Scotch-a-roos AR 1-2pm Boy Scout Bingo DI 3:30 Stretch & Strength D'</p>
<p>10  7:00 Current Events in Sunrise</p>	<p>11 8:30 Aromatherapy Diffusers & Massage Cart AV 10:00 Dave Poggenklass Sing-a-long AR 1:30 Wing-It DR 3:00 March Activity Planning Meeting AR 3:30 Bible Study FP 6:30 Divine Word Visit FP</p>	<p>12 7:30 Breakfast Bunch AR 9:30 Bullseye Target Toss DW 1:30 Rosary FP 2:00 Mass FP 3:15 Make Valentines FP 5:00 Soup with Koop FP</p> 	<p>13 9:00 Parachute Fun & Music DW 10:30 Hy-Vee Lunch Outing 11:15 Lunchtime Music DR 1:00 Scrabble AR 2:30 Playing Card Bingo DR 6:30 Boot Scootin' Outing</p> 	<p>14 Valentine's Day  10:00 Valentine Party with Chris Ross DR 1:15 Mississippi River Museum Outing 1:15-2:15 Sweets & Treats Cart AV 3:15 Valentine Mad Libs AR</p>	<p>15 Happy Birthday, Tom N! 9:15 Bus Ride 10:00 Heart Thumbprint Trees AR 1:30 Chair Salsa Dancing FP 2:30 Nails by Nancy CN 3:15 Bean Bag Toss DR</p> 	<p>16 12:30 Hobby Corner FP 2:30 Jim Lucy Band DR 4:30 Sensory Time FP</p> 
<p>17 Happy Birthday, Sally P & Jeanne K! 1:30 Watch Daytona 500 on FOX channel on TV 7:00 Current Events in Sunrise</p>	<p>18 Presidents' Day 10:00 Presidential Tidbits AR 2:30 Birthday Party DR 3:30 Bible Study FP 6:30 Divine Word Visit FP</p>	<p>19 Happy Birthday, Pearl S! 7:30 Breakfast Bunch AR 8:45 Aromatherapy Diffusers & Massage Cart AV 10-10:45 ALC Bingo DR 1:30 Rosary FP 2:00 Word & Communion FP 3:15 Sensory Time FP</p>	<p>20 Happy Birthday, Joyce H! 9:45 Movement to Music DW 11:15 Lunchtime Music DR 1:30 Make Popcorn AR 2:00 SCM Cinema FP 1:45 Heart to Hearts AV 6:30 Dubuque Community Church Visit DW</p>	<p>21 9:30 Dice Pizza & Hot Potato Games DR 12:45 Wal-Mart Outing 1:15-2:15 Sweets & Treats Cart AV 4:00 Music with Dee in Deerwood</p> 	<p>22 9:15 Bus Ride 10:00 Coffee Klatch with Mark P in Eagle Ridge 1:15 Slotzball ER 2:30 Social Hour DR 6:15 Sensory Time FP</p> 	<p>23 Happy Birthday, Choppie H! 10:00 Shirley's Card Group CN *Join Shirley H. for some card games in the Coffee Nook. This is a new activity this month! Shirley is excited to play cards with you!</p>
<p>24 Schedule for <i>Thursday</i> Sweets & Treats Cart 1:15 Sunrise 1:30 Eagle Ridge 1:45 Arbor Mist 2:00 Deerwood & River Bluff 7:00 Current Events in Sunrise</p>	<p>25 8:30 Aromatherapy Diffusers & Massage Cart AV 9:45 Make Energy Bites AR 1:30 SCM Auxiliary Bingo DR 3:30 Parachute Fun & Music DW</p> 	<p>26 9:00 Target Throw AM 10:15 Rock Around the Block DW 1:30 Rosary FP 2:00 Word & Communion FP 3:15 Wing-It FP</p> 	<p>27 Book-Mobile 11:15 Lunchtime Music DR 12:30 Distribute March Activity Calendars AV 2:30 March Special Event Sign-Up DR 4:30 Knicker's Eat-In Supper FP 6:30 Family & Friends Night with Tom Bedka DR</p>	<p>28 9:30 Uno/Games CN 12:30 Movie Outing 1:15-2:15 Sweets & Treats Cart AV 3:15 I Love Sunnycrest Because... AV</p> 	<p>Love is a super power. With love by your side you can heal, grow, forgive, move on, be moved, inspire, dare.</p> <p><i>Karen Salmons</i></p> 