

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday

SEPTEMBER 2017 LIFE ENRICHMENT ACTIVITIES

Activities subject to change. If you would like to do something at any time, please see your village staff or Life Enrichment staff. Music is played at lunchtime on Wed. and Fri. Beauty Shop is open on Friday afternoons unless says differently on Beauty Shop door. An announcement is made overhead when Beauty Shop opens. **Please see L.E. for shopping needs—Hy-Vee delivers Tues. afternoons—Orders need to be in by noon on Monday. L.E. can pick up misc. items for residents on resident outings which they can't get on the Hy-Vee order. Newspapers & magazines available in the Coffee Nook; please read them and leave them in Coffee Nook. Available for resident checkout: movies, books, games, music, books on tape, VCR/DVD Player and TVs. See L.E. for checkout. Available for resident use in the Family Parlor: Computer, TV, VCR/DVD player, Roku, Clavinova. There are therapeutic volunteer tasks available; See L.E. if interested. Computers available for resident use in Deerwood Village, Family Parlor and Activities Room. Please see staff if need assistance to use. The library's book-mobile comes once monthly leaving books in Activity Room. Residents welcome to check-out items and will assume responsibility for any fine incurred.


1
9:30 Park Bus Ride
10:00 Spa Cart
11:15 Music in MDR
1:00 Beauty Shop
3:00 Music with Ernie & Wolfie Bunny Visit



2



3
9:00 Dubuque Community Church Outing
1:15 Adult Coloring in MDR
3:00 Movement to Music in Sunrise


4 Labor Day
Happy Birthday, Susie L!
Menu Week 1

After lunch, enjoy a Labor Day word search. Just ask Tamra for one at lunch.

3:30 Bible Study

5
8:30 Spa Cart
10:30 Breitbach's Lunch Outing
1:30 Rosary
2:00 Mass
3:00 Chair Tai Chi

6
9:15 Independent Wal-Mart Outing
10:00 Mike Klein Band
11:15 Music in MDR
2:00 Rockdale UMC Bingo
3:30 Golf Cart Rides
6:30 Prinetime

7
8:45 Christmas Wish Lists-Will come around to residents.
10:30 Name That Tune
12:30 Movie Outing
1:15-2:15 Sweets & Treats Cart



8
9:30 Park Bus Ride
10:00 Outdoor Walks/Wheelchair Rides
11:15 Music in MDR
1:00 Beauty Shop
2:30 Target Throw in Deerwood
6:30 Campfire with Chris Ross at Fire Pit

9



10
10:45 Spa Cart
12:30 Hobby Corner in Family Parlor
2:30 Grandparents' Day Social: Janet Lieb Music & Brownies
7:00 Current Events in Sunrise

11 **Happy Birthday, Don M!**
Menu Week 2
9:00 Garden Time & Feed Birds
10:45 Wendy's Fast Food Run & Resident Ride
1:30 Patriotic Sing-a-long in Family Parlor
3:00 Category Ball
3:30 Bible Study
6:30 Divine Word Begins

12
7:30 Breakfast Bunch
9:00 Ring Toss in Eagle Ridge
10:15 Rock Around the Block in Deerwood
1:30 Rosary
2:00 Mass
3:00 Movement to Music in MDR

13 **Happy Birthday, Ramona S!**
8:45 Scrapbooking
11:15 Music in MDR
12:45 Heart to Heart Visits
1:00 Make Popcorn
1:30 SCM Cinema
3:00 Golf Cart Rides
6:30 Boot Scootin' Outing


14 **Happy Birthday, Brenda V!**
8:30 Makeup Cart
10:00 Jim Lucy Band
12:45 Wal-Mart Outing
1:15-2:15 Sweets & Treats Cart
2:00 Karaoke Sign-a-long in Family Parlor

15
9:30 Bus Ride with Michael's Craft Store Stop
11:15 Music in MDR
1:00 Beauty Shop
2:30 Social Hour in MDR

16
1:30 Movie in Eagle Ridge by Linda



17




7:00 Current Events in Sunrise

18
Menu Week 3
9:00 Garden Time & Feed Birds
10:30 Los Aztecas Lunch Outing
2:30 Birthday Bash
3:30 Bible Study
6:30 Divine Word Visit

19 **Happy Birthday, Amy O!**
8:45 Spa Cart
10:30 Final Eagle Point Park Picnic of Year
1:30 Rosary
2:00 Word & Communion
3:00 Bean Bag Toss

20 BOOK-MOBILE
9:30 Life Stories & Coffee
11:15 Music in MDR
12:45 Heart to Heart Visits
1:00 Make Popcorn
1:30 SCM Cinema
3:00 Golf Cart Rides
6:30 Dubuque Community Church

21
9:45 Final Fishing Outing of year
1:15-2:15 Sweets & Treats Cart
1:30 Leaf Painting
3:30 Music with Dee



Fishing has no boundaries, inc.

22 **Happy Birthday, Jeff P!**
9:30 Autumn Bus Ride
11:00 Music in MDR
11:15 Cookout (Residents who have been to 0-1 cookouts given priority to sign up.)
2:00 Make Toffee Peach Ice Cream Pie

23 **Happy Birthday, Dick H!**
9:45 Bingo with Clarke University Volunteers
12:30 Sing-a-long Video in Family Parlor
2:30 Enjoy Ice Cream Pie (for residents who helped make it on Friday)

24
There are several games, movies, books, magazines available in the villages, for your use! Please see village staff if you'd like to use them.
7:00 Current Events in Sunrise

25
Menu Week 4
8:45 Magazine Cart
10:00 Dave Poggenklass Sing-a-long
1:30 SCM Auxiliary Bingo
2:45 Resident Council
3:30 Golf Cart Rides & Clean Golf Cart
3:30 Bible Study
6:30 Divine Word Visit

26
7:30 Breakfast Bunch
8:45 Spa Cart
10:15 Parachute Fun
1:30 Rosary
2:00 Word & Communion
3:00 Chair Yoga
4:00 Dining Committee

27 Hay Rides!
Happy Birthday, Murph!
12:30-2:30 Hayrides



4:30-6:30 Hayrides with Family/Friends—! Thanks to Culver's for the custard!

28
10:00 Make Applesauce
12:45 Wal-Mart Outing
1:15-2:15 Sweets & Treats Cart
2:30 Mad Libs
6:30 Wii with Erin



29
8:30 Distribute October
9:30 Autumn Bus Ride
11:15 Music in MDR
1:30 Oct. Special Event Sign-Up
2:30 Nails by Nancy
3:15 Shake Awake a Taste

30 **Happy Birthday, Jeff L!**

