

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday

# OCTOBER 2017 LIFE ENRICHMENT ACTIVITIES

Activities subject to change. If you would like to do something at any time, please see your village staff or Life Enrichment staff. Music is played at lunchtime on Wed. and Fri. Beauty Shop is open on Friday afternoons unless says differently on Beauty Shop door. An announcement is made overhead when Beauty Shop opens. \*\*Please see L.E. for shopping needs—Hy-Vee delivers Tues. afternoons—Orders need to be in by noon on Monday. L.E. can pick up misc. items for residents on resident outings which they can't get on the Hy-Vee order. Newspapers & magazines available in the Coffee Nook; please read them and leave them in Coffee Nook. Available for resident checkout: movies, books, games, music, books on tape, VCR/DVD Player and TVs. See L.E. for checkout. Available for resident use in the Family Parlor: Computer, TV, VCR/DVD player, Roku, Clavinova. There are therapeutic volunteer tasks available; See L.E. if interested. Computers available for resident use in Deerwood Village, Family Parlor and Activities Room. Please see staff if need assistance to use. The library's book-mobile comes once monthly leaving books in Activity Room. Residents welcome to check-out items and will assume responsibility for any fine incurred.



**1**  
  
7:00 Current Events in Sunrise

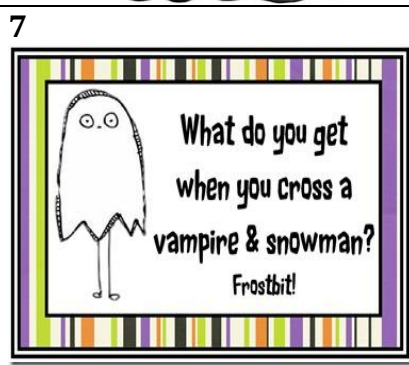
**2**  
**Menu Week 1**  
9:00 Makeup Cart  
10:15 Category Ball & Conversation  
1:45 ED Bingo  
3:15 Apple Stamp Pumpkins  
3:30 Bible Study

**3**  
9:00 Planning Chili Recipes  
10:00 Shopping for Chili Ingredients  
1:30 Rosary  
2:00 Word & Communion  
3:00 Jukebox Party: Resident Choice Songs

**4**  
9:15 Independent Wal-Mart Outing  
10:00 Movement to Music in MDR  
11:15 Lunchtime Music  
1:30 Coloring Contest Begins: Adult Coloring in Family Parlor: Residents can submit their favorite piece—must be coloring page.  
3:00 Golf Cart Rides  
6:30 Prinetime: Drive-In Movie

**5 Happy Birthday, Suzi H!**  
8:30 Magazine Cart  
9:45 Men's Entry Making Chili  
12:45 Wal-Mart Outing  
1:15-2:15 Sweets & Treats Cart

**6**  
9:30 Autumn Bus Ride  
10:30 Happy Joe's Little Joe's Luncheon  
11:15 Lunchtime Music  
1:00 Beauty Shop  
3:00 Music with Ernie & Wolfie Bunny Visit



**8**  
9:00 Dubuque Community Church  
12:45 Canvas Painting  
2:30 Record Party with Connie  
7:00 Current Events in Sunrise

**9 Happy Birthday, Arlene!**  
**Menu Week 2**  
Columbus Day  
9:00 Columbus Tidbits & Coffee  
10:30 Tony Roma's Lunch Outing  
2:00 Nov. Activity Planning Meeting  
3:15 Catogory Ball  
3:30 Bible Study

**10**  
7:30 Breakfast Bunch  
8:30 Sensory Cart  
10:15 Scrapbooking  
1:30 Rosary  
2:00 Mass  
3:00 Torn Paper Art  
5:00 Soup with Koop

**11 Book-Mobile**  
10:00 Life Stories & Coffee  
11:15 Lunchtime Music  
2:00 Make Oreo Balls for Sweets & Treats Cart  
3:00 Golf Cart Rides  
6:00 Boot Scootin' Outing

**12**  
8:45 Paint Pumpkins  
10:15 Would you rather?  
1:15 Czipar's Orchard Outing  
1:12-2:15 Sweets & Treats Cart: Oreo Balls!  
2:15 Making Chili: Ladies' Entry

**13**  
9:30 Autumn Bus Ride  
11am-1pm: Coloring Contest Art Show in Family Parlor: You may vote once.  
11:15 Lunchtime Music  
1:00 Beauty Shop  
1:45 Art Show Winners of Wendy's Announced: 1st Wins \$5 meal, 2nd wins \$4 meal, 3rd wins medium Frosty  
2:00 Karaoke in Family Parlor  
6:30 Final Campfire of the Season

**14 Happy Birthday, Linda!**  
1:30 Movie in Eagle Ridge by Linda  


**15 Happy Birthday, Jean H!**  
  
7:00 Current Events in Sunrise


**16**  
**Menu Week 3**  
9:30 Make Ghost Wind Socks  
12:45 Nail Polish Cart  
2:30 Birthday Bash  
3:30 Bible Study  
6:30 Divine Word Visit

**17**  
8:30 Magazine Cart  
9:30 Judge Sunrise Doors  
1:30 Rosary  
2:00 Word & Communion  
3:00 Parachute Fun

**18**  
9:00 Current Events & Coffee  
10:15 Make Chili: Mixed Entry  
11:15 Lunchtime Music  
1:00 Make Popcorn  
1:30 SCM Cinema  
3:00 Golf Cart Rides  
6:30 Dubuque Community Church Visit

**19**  
10:00 Cook Off Prep  
11:15 Chili Cook Off  
1:15 Mystique Casino Outing  
1:15-2:15 Sweets & Treats Cart  
3:30 Music with Dee in Deerwood

**20**  
9:15 Autumn Bus Ride & Hobby Lobby Shopping  
11:30 Lunchtime Music  
1:00 Beauty Shop  
1:30 Garage Saling  
2:30 Painted Rock Project

**21**  
10:45 Sensory Cart  
12:30 Jukebox Party  
2:30 Hobby Corner in Family Parlor  


**22 Happy Birthday, Dora!**  
  
7:00 Current Events in Sunrise

**23**  
**Menu Week 4**  
8:45 Makeup Cart  
10:00 Rock Around the Block in Deerwood  
1:30 SCM Auxiliary Bingo  
3:00 Golf Cart Rides


**24**  
9:00 Sensory Cart  
10:30 Breitbach's Lunch Outing (Option for those who didn't go last month)  
1:30 Rosary  
2:00 Word & Communion  
3:00 Motivational Ball Toss  
4:00 Dining Committee

**25 Happy Birthday, Tamra!**  
11:15 Lunchtime Music  
1:30 Haunted House Prep  
6:30 Haunted House Family & Friends Night

**26**  
8:45 Magazine Cart & 1:1's  
10:00 Jim Lucy Band  
12:45 Wal-Mart Outing  
1:15 1:1's with Megan  
1:15-2:15 Sweets & Treats Cart  
3:00 Fun Stretch/Exercise with Megan in Family Parlor

**27**  
9:30 Bus Ride  
11:00 Final Cookout of Year  
11:15 Lunchtime Music  
1:00 Beauty Shop  
1:30 Make-Up Cart  
2:30 Social Hour

**28**  
9:00 Make Pumpkin Coffee Cake  
1:30 Chris Ross Band  
3:15 Enjoy Pumpkin Coffee Cake

**29**  
  
7:00 Current Events in Sunrise

**30**  
**Menu Week 1**  
8:30 Distribute Nov. Calendars (Sign-Up 11/1)  
10:00 Dave Poggenklass Sing-a-long  
1:15 Scrapbooking  
2:45 Make Witch's Snack Mix  
3:30 Bible Study  
4:30 Halloween Parade Outing  
6:30 Divine Word Visit

**31 Halloween**  
7:30 Breakfast Bunch  
10:00 Halloween Party with Janet Lieb Music & Face Painting  
1:30 Rosary  
2:00 Word & Communion  
3:00 Halloween Fact or Fiction

**\*\*If you are looking for something to do at times when activities aren't scheduled, please see your village or Activities staff. There are games, books, movies, etc. available in each village.\*\***

