



Sunnycrest Manor
Home is where the heart is

HOME & HEART HERALD

DECEMBER 2016 EDITION

Available online at
<http://dubuquecounty.org/current-events-at-sunnycrest/>

A Note from our Administrator...

Cris Kirsch, BSN, NHA

There's no snow on the ground and we've barely had any freezing weather, but the calendar shows that we're well on the way to that special, most wonderful time of the year. Christmas at Sunnycrest is always a joyous season, full of special meaning and spirit. In the weeks to come, you may see a group of kindergarteners with rosy cheeks pile in to sing about that good old St. Nick, or you may find a team of carolers in green and red roam our hallways telling about the dream of white Christmas or the many joys of yesterday. With Christmas coming, there is always something special happening at Sunnycrest.

The Christmas season here culminates into the big event of gift giving at Christmas as our own elves, the staff members working on the holiday will present all residents with something special from Santa's big bag of goodies. This event is the product of gifts from the entire community that has come forward to help our residents celebrate Christmas. This dedication proves again the great support that Sunnycrest and our residents have from the citizens of Dubuque.

May this time of the year help you cradle in the pleasant memories of the past and surround you with the people who love and care about you today, your friends and family, your fellow residents and the many staff members committed to Sunnycrest Manor.

Have a Wonderful Blessed Christmas and a Joyful Beginning to the New Year!

Reminder: Beginning in January 2017, our Friends & Family Nights will begin at 6:30pm! For this December, it is still 7pm!

Dec. 14 (2nd Wed. of month!)-Winter Wonderland with the Lemon Sisters! *See below timeline of Winter Wonderland Events.*

Jan. 25 at 6:30pm—Artie "Elvis" Mentz entertains!

...Walkin' in a Winter Wonderland...at Sunnycrest on Wed., Dec. 14!

This is our Family Christmas Event!

The Sunnycrest Auxiliary will be hosting a bake sale from 4-8pm (Baked goods welcome to be dropped off for bake sale after 11am that day.)

Santa Visit in Coffee Nook 6-7pm

Lemon Sisters perform in Dining Room 7-8pm

EVERYONE IS WELCOME TO ATTEND! Our Santa loves visiting children!



We thank our Sunnycrest vets for their service to our country! Pictured are (Bottom row l-r: Madonna McElmeel, Bob Pitz, Murph Chapman, Steve McMurray; 2nd row l-r: Ricky Dole, Bonnie Ott, Dick Hosch, Andy Nash, John Ehlers, Jim Noel, Christy Luster. Not pictured: Kevin Fox, Chris

George, Terry Bartman. Thanks to AFSCME Local 2843 for providing pizza for our veterans at lunch on Veterans' Day!

Christmas Gift Ideas for Our Residents

Life Enrichment staff survey residents each year as to what they want for Christmas. The number one request is gift cards, specifically to Wal-Mart, Hy-Vee or Subway. We also have some practical gifts on hand at Sunnycrest including Beauty Shop and cable payment gift certificates. These can be purchased in the Business Office. You can give a certain cash amount towards these services. To give an idea of cost, haircuts are \$10 each while a month of cable costs \$13. Clothes, including underwear and socks are always welcome. However, please make sure they fit the resident and that you hand them into staff for proper marking. Cash is always a welcome gift, but we suggest you deposit cash straight into their resident trust account in the Business Office for safekeeping. If you bring cash/gift cards during non-business hours, please turn them into the nurse for safekeeping as they can lock them up securely until business hours resume.

HOLIDAY BUSINESS OFFICE HOURS

The Business Office will be closed Dec. 23-26 and Dec. 30-Jan. 2 for the holidays. Merry Christmas & Happy New Year to you all!



We strive to be good citizens at Sunnycrest. Sunnycrest residents volunteer to help stuff envelopes for a community organization, Compass to Care. Sunnycrest staff assisted residents to complete this volunteer project.



Thanks, Whalert High School students, for doing a grounds cleanup and organizing greeting cards for us! We appreciate the help!



Decor the halls...

SUNRISE LIFE PLAN MEETINGS

**Jan. 10 1pm T. Frey
2pm F. Goins**

**Jan. 24 1pm J. Hromadka
2pm M. McLaughlin**



Care Conference Schedule

To schedule a time for care conference, contact or leave a message for Anne Kauder, (563) 690-3525 or anne.kauder@dubuquecounty.us.

The Care Plan Team meets on Wednesdays, but alternate dates can be scheduled as needed.

Dec. 28

J. Burnes
S. Howe
D. Konichek
A. Lattner
D. Mai
A. Oppenheimer
J. Raine
C. Schaecher
L. Schnee
P. Shaffer
B. Wissing
B. Reichen

Jan. 4

D. Busch
R. Dole
G. Fransen
J. Henningsen
D. Hosch
S. Lovejoy
B. Ott
D. Rondeau
T. Saul
L. Scheele
E. Tepley
B. Villarreal
D. Vondran

Jan. 18

J. Felton
S. Grisson
M. Hentrich
K. Koos
J. Lemmer
J. Noel
A. Schumacher
R. Tucker

Jan. 18 (Cont.)

J. Zehentner
Jan. 25
S. Bartels
S. Chapman
J. Hardengergh
J. Henge
S. Hunt

M. Oswald
S. Parris
R. Pitz
Feb. 1
C. Copeland
B. Ferguson
M. Freiburger

J. Kress
L. Lindenberg
B. Lucas
K. Marshall
T. Noggle

You are welcome at several December activities! Check out our monthly birthday party 12/19 at 2:30pm; 2pm Christmas Party with residents on 12/23; End of the Year Bash with Becky McMahan Karaoke on 12/28 at 6:30pm.!!!!

WE ARE IN NEED OF BINGO HELPERS! 4TH MONDAY OF THE MONTH AT 1:30PM BEGINNING JAN. 2017 CONTACT BETH AT 563-690-3547 IF INTERESTED IN THIS VOLUNTEER OPPORTUNITY! DECEMBER'S DATE IS 12/29 AT 2PM!



Bill Martens
10/24/1950-9/30/2016
Sunnycrest Resident
since 11/1996



Pat Rupp
9/4/1935-10/12/2016
Sunnycrest Resident
since 12/2015
(and prior stays)



Ron Hamel
12/31/1943-10/20/16
Sunnycrest Resident
since 10/2016

*We also remember
staff member Don
Kruiser and retired
staff member Jan
Freese in this issue's
"In Loving
Memory."*



Cletus Winter
8/22/1924-11/8/16
Sunnycrest Resident
since 1/2008



Shirley Carpenter
8/17/1947-11/22/2016
Sunnycrest Resident
since 11/2016



Brian Schultes has joined the Sunnycrest Management team as our Maintenance Director. He has extensive knowledge in the maintenance realm, from directing vast construction projects to taking care of day to day operations and fixes. He has over 20 years of experience in maintenance, mostly at the college/university level. He loves trees, including collecting tree seeds, planting and reading about trees. His dog, Lucky, has already provided numerous pet therapy sessions to residents! Brian and his wife, Kim, reside in Galena where they are house enthusiasts. Welcome, Brian!

SUNNYCREST MANOR AUXILIARY FUNDRAISERS!

***Wed., Dec. 14**—Bake sale from 4pm-8pm in conjunction with Family Night. Monetary donations for the Auxiliary can be dropped off at any time at the front office. Baked goods may be dropped off at Sunnycrest after 11am on December 14th. Your donations are welcome!

***Thurs., Jan. 5**—Sunnycrest Manor Auxiliary Burger Night at Asbury Eagle's Club. Purchase tickets at Business Office. These make great stocking stuffers!!

Please contact Mary Ann Barton at 563-580-0036 or Donna Parker at 563-556-5171 for any questions regarding these events. Proceeds from both events will enhance Sunnycrest Manor residents' lives.



Pictured (l-r) are Brian Gephart, Food Services Director, Nate Darlington, Food Services Manager and Brad Strycek, Environmental Services Manager.

Aramark Team Changes

Brian Gephart, who was originally our Environmental Services Manager when Aramark came on board in July 2014, has been promoted to Aramark Services Director. Nate Darlington has been hired as Food Services Manager. Nate was born in Ft. Lauderdale, FL, and attended Kirkwood Community College where he studied culinary arts and restaurant management. He has a 7-year-old son who keeps him busy. Brad Stryczk has been hired as Environmental Services Manager. He has managed a group home and cooked at restaurants. He owns an aerial photography business. For fun, he enjoys playing Magic the Gathering professionally and collecting Mondo movie posters. He roots for the Vikings! Welcome, Nate and Brad!



American Lady Cruise on Mississippi!



Chili Cook-Off!



Retired Dubuque-Area School Professionals' Sing-a-long



Printetime Special Edition: Drive-In Movie at Sunnycrest!



Costume Party on Halloween

.....FINAL THOUGHTS.....

Merry Christmas and Happy New Year! If you plan on taking your resident out this holiday season, please let their nurse know ASAP so that we may have medications ordered appropriately. If you would like your loved one to visit you on the holiday, please contact their Social Worker. The Sunnycrest Auxiliary will supplement cost for those in financial need (with a limit of 10 residents). You are also welcome to visit your loved one at Sunnycrest. If you are in need of a community area for a gathering, i.e. Family Parlor, reservations can be made with the receptionist by calling 563-583-1781.

Also, one final reminder on gifts. Residents LOVE gifts. Please ensure cash and/or gift cards are turned in to the nurse or Business Office for safekeeping. We do not reimburse lost/missing gifts. If you are giving residents clothing, please make sure it fits them, and let staff know to have it marked.

2017 is sure to bring a lot of hope and wonder to Sunnycrest! It's our 100th year of caring for Dubuque County Residents. Stay tuned for events to mark this momentous occasion. The Sunnycrest Board of Trustees and Sunnycrest Manor Auxiliary is teaming together to bring some fantastic events. The kick-off event will be off-site at the Auxiliary's Burger Night at Asbury Eagle's Club on Jan. 5. We hope to see all of you at our centennial year celebrations!