

SUNRISE LIFE ENRICHMENT ACTIVITY CALENDAR

Sunrise residents who are home during weekdays are involved in the Gemini Day program, which includes a 12:30pm daily

recreational activity. All Sunrise residents also partake in 7:00pm House activities daily. These activities are listed on separate calendars, and are posted in the appropriate Sunrise houses.

2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9-9:30AM Gemini #2 stock cart 9:45AM Travel Video & Facts 3PM AQ/Cap Cooking 6PM Water Garden 6PM Sutton Pool & DQ	2 10AM Mike Kline Band 3PM Aries/Libra Plan Menu 6:30PM Prinetime 	3 9:45AM Gemini shopping/car wash (white van) 1:15-2:15PM Treat Cart Gemini #2 4PM Aries/Libra Grocery Shopping	4 11:30AM Gemini #1 Lunch Outing 3PM Beauty Shop 3PM Libra/Aries Cooking 7PM Aries Friday Night Cruise	5 9AM Domestics 10AM Rec/Leisure Time Activities 11AM Libra Lunch Outing 3PM Clean Houses
	6 10AM Rec/Leisure Time Activities 1PM Ride and Pop 7PM Current Events 	7 1:45PM East Dubuque Bingo 6:30PM Arboretum to feed Koi Fish 	8 TANZANIA 6:45AM Breakfast Club 9-9:30AM Gemini #1 stock cart 9:45AM Travel Video & Facts 5PM Soup with Koop 6PM Water Garden 5PM Capricorn Supper Outing	9 3PM Aries/Libra Plan Menu 6:00PM Boot Scootin' 	10 9:45AM Gemini return cans/car wash (silver van) 10AM Jim Lucy Band 1:15-2:15PM Gemini #1 Treat Cart 4PM Aries/Libra Grocery Shopping 5PM Aquarius Supper Outing	11 11:30AM Gemini #2 Lunch Outing 3PM Libra/Aries Cooking 7PM AQ/Cap Plan Menu
13 10AM Rec/Leisure Time Activities 1PM Ride and Pop 7PM Current Events	14 4PM AQ/Cap Grocery Shopping 7PM Mini Golf 	15 BOTSWANA 6:45AM Breakfast Club 9-9:30AM Gemini #2 stock cart 9:45AM Travel Video & Facts 10:30AM Walmart Outing 3PM AQ/Cap Cooking 5PM Libra Supper Outing 6PM Water Garden	16 7PM Resident Rights with Rachel 	17 9:45AM Gemini return cans/car wash (white van) 1:15-2:15PM Gemini #2 Treat Cart 6:30PM Campfire with S'mores 7PM Riverwalk	18 9:15AM Gemini #1 Outing: 3PM Beauty Shop 5PM Aries Supper Outing 7PM AQ/Cap Plan Menu	19 9AM Domestics 10AM Rec/Leisure Time Activities 11AM Aquarius Lunch Outing 3PM Clean Houses 
20 9:00AM Dubuque Community Church 10AM Rec/Leisure Time Activities 1PM Ride and Pop 3PM Joey Wayne Band 7PM Current Events	21 2:30PM Birthday Bash 4PM AQ/Cap Grocery Shopping 	22 KENYA 6:45AM Breakfast Club 9-9:30AM Gemini #1 stock cart 9:45AM Travel Video & Facts 11AM Gemini Pizza Party 3PM AQ/Cap Cooking 6PM Water Garden 7PM Burgers with Rick	23 3PM Aries/Libra Plan Menu 6:30PM Friends and Family Night with Becky McMann 	24 9:45AM Gemini Courthouse/car wash (silver van) 1:15-2:15PM Treat Cart Gemini #1 4PM Aries/Libra Grocery Shopping Happy Birthday, Shannon!	25 9:15AM Gemini #2 Outing: 3PM Libra/Aries Cooking 3PM Beauty Shop 7PM Aries Cruise 7PM AQ/Cap Plan Menu	26 9AM Domestics 10AM Rec/Leisure Time Activities 11AM Capricorn Lunch Outing 3PM Clean Houses
27 10AM Rec/Leisure Time Activities 1PM Ride and Pop 7PM Current Events	28 10:00AM Dave Poggenklass sing-a-long 1:30PM Auxiliary Bingo 4PM AQ/Cap Grocery Shopping	29 SOUTH AFRICA 6:45AM Breakfast Club 9-9:30AM Gemini #2 stock cart 9:45AM Travel Video & Facts 10:30AM Walmart Outing 3PM AQ/Cap Cooking 6PM Water Garden	30 3PM Aries/Libra Plan Menu 7PM Movie Outing 	31 9:45AM Gemini shopping/car wash (white van) 1:15-2:15PM Treat Cart Gemini #2 4PM Aries/Libra Grocery Shopping		

